

## Resultat 2014 DM 5000

Arrangör: Istrums SK

Datum: 24 jun 2014

Plats: Sparbanken arena

Ort: Skara

Tävlingsledare: Kurt Andersson

Listan skapad: 2014-06-24 21:13:31

### MS 5 000 m Heat

|   |                    |                         |       |
|---|--------------------|-------------------------|-------|
| 1 | Andreas Magnusson  | Mariestads AIF          | 15:48 |
| 2 | Carl-Olov Lannemyr | Tibro AIK               | 16:51 |
| 3 | Andreas Branell    | Ryda SK                 | 17:24 |
| 4 | Erik Nero          | Mullsjö SOK             | 17:33 |
| 5 | Magnus Bodin       | 1990 Tidaholms SOK SISU | 18:14 |
| 6 | Daniel Lundell     | 1992 OK Klyftamo        | 18:23 |
| 7 | Patrik Broberg     | Trollhättans IF         | 18:37 |

### MS 35 5 000 m Heat

|   |                   |                      |       |
|---|-------------------|----------------------|-------|
| 1 | Jan Svensson      | 1975 Trollhättans IF | 17:54 |
| 2 | Daniel Oltegen    | Lidköpings VSK       | 18:28 |
| 3 | Daniel Creutsberg | IFK Skövde           | 19:52 |
| 4 | Nils Diehm        | IFK Skövde           | 19:59 |

### MS 40 5 000 m Heat

|   |                   |                          |       |
|---|-------------------|--------------------------|-------|
| 1 | Henrik Sahl       | Lidköpings VSK           | 17:16 |
| 2 | Per Carlsson      | 1970 Mariestads AIF      | 17:39 |
| 3 | Ulf Larsson       | 1972 SOK Träff Karlsborg | 17:45 |
| 4 | Fredrik Utgren    | Ryda SK                  | 18:51 |
| 5 | Jerker Tegeman    | Vedums AIS               | 18:54 |
| 6 | Stefan Väringer   | Mullsjö SOK              | 20:24 |
| 7 | Jonas Wallerman   | SOK Träff                | 21:10 |
| 8 | Fredrik Skagervik | 1971 IFK Skövde FIK      | 21:18 |
| 9 | Mats Holmvik      | Tidaholms SOK SISU       | 27:59 |

### MS 45 5 000 m Heat

|   |                   |                         |       |
|---|-------------------|-------------------------|-------|
| 1 | Kjell Danfors     | Mullsjö SOK             | 17:57 |
| 2 | Dan-Åke Johansson | Trollhättans IF         | 20:33 |
| 3 | Per Bergqvist     | 1968 Tidaholms SOK SISU | 21:45 |

### MS 50 5 000 m Heat

|   |                   |                     |       |
|---|-------------------|---------------------|-------|
| 1 | Asko Sarja        | 1962 Mariestads AIF | 19:13 |
| 2 | Veine Wilhelmsson | IFK Skövde          | 19:59 |

|   |                     |                     |       |
|---|---------------------|---------------------|-------|
| 3 | Ulf Johansson       | Trollhättans IF     | 20:54 |
| 4 | Per-Anders Karlsson | 1964 OK Klyftamo    | 20:59 |
| 5 | Magnus Kastenman    | 1964 IFK Skövde FIK | 21:24 |
| 6 | Ingemar Jonsson     | 1964 OK Klyftamo    | 24:02 |

### MS 55 5 000 m Heat

|   |                  |                      |       |
|---|------------------|----------------------|-------|
| 1 | Ulf Palmér       | Ulricehamns FK       | 19:12 |
| 2 | Frank Adolfsson  | 1957 Trollhättans IF | 20:06 |
| 3 | Lars Björfot     | Mariestads AIF       | 22:21 |
| 4 | Thomas Andersson | IFK Skövde           | 23:01 |
| 5 | Stefan Karlsson  | 1958 IFK Skövde      | 23:11 |
| 6 | Lasse Jutemar    | SOK Knallen          | 25:08 |

### MS 60 5 000 m Heat

|   |                   |                      |       |
|---|-------------------|----------------------|-------|
| 1 | Orvar Fredriksson | Alingsås IF          | 24:08 |
| 2 | Hans Fryestam     | Tibro AIK            | 24:55 |
| 3 | Lars Holm         | 1955 Trollhättans IF | 30:31 |

### MS 65 5 000 m Heat

|   |                     |                      |       |
|---|---------------------|----------------------|-------|
| 1 | Morgan Olsson       | 1949 IFK Skövde      | 21:57 |
| 2 | Ingemar Lemel       | Tibro AIK            | 21:59 |
| 3 | Lars Lindberg       | 1947 Trollhättans IF | 22:02 |
| 4 | Sven-Gunnar Holmén  | Mariestads AIF       | 22:03 |
| 5 | Kjell Persson       | Navåsens FK          | 22:38 |
| 6 | Bengt-Erik Enoksson | 1948 IFK Skövde      | 26:20 |
| 7 | Gunnar Fredh        | 1945 IFK Skövde      | 28:34 |
| 8 | Lennart Johansson   | Mariestads AIF       | 37:21 |

### MS 70 5 000 m Heat

|   |                |                    |       |
|---|----------------|--------------------|-------|
| 1 | Stellan Sahl   | 1940 Lidköpings IS | 24:29 |
| 2 | Bill Malm      | Tidaholms SOK SISU | 28:30 |
| 3 | Leif Johansson | IFK Skövde         | 34:26 |

### MS 75 5 000 m Heat

|   |                     |                    |       |
|---|---------------------|--------------------|-------|
| 1 | Erkki Huhtaniemi    | SOK Knallen        | 24:49 |
| 2 | Stig Eriksson       | IFK Skövde         | 27:43 |
| 3 | Göte Ivarsson       | IFK Skövde FIK     | 30:20 |
| 4 | Lennart Hjalmarsson | 1939 Lidköpings IS | 31:10 |

### P 19 5 000 m Heat

|   |                |                    |       |
|---|----------------|--------------------|-------|
| 1 | Jonatan Falk   | Tidaholms SOK SISU | 18:57 |
| 2 | Dieng Mamedoua | IFK Skövde         | 19:34 |

### P 15 2 000 m Heat

|   |                |                  |        |
|---|----------------|------------------|--------|
| 1 | Samuel Lundell | 1999 OK Klyftamo | 8:50,1 |
|---|----------------|------------------|--------|

### **KS 5 000 m Heat**

|   |                    |                 |       |
|---|--------------------|-----------------|-------|
| 1 | Alexandra Backlund | Mullsjö SOK     | 21:34 |
| 2 | Sylvia Gross       | Trollhättans IF | 21:40 |
| 3 | Ida Nilsson        | Lidköpings IS   | 22:48 |
| 4 | Nathalie Bergquist | IFK Skövde      | 24:18 |
| 5 | Sandra Andersson   | IF Hagen        | 24:31 |

### **KS 35 5 000 m Heat**

|   |          |                |       |
|---|----------|----------------|-------|
| 1 | Åsa Blom | Mariestads AIF | 20:44 |
|---|----------|----------------|-------|

### **KS 40 5 000 m Heat**

|   |               |         |       |
|---|---------------|---------|-------|
| 1 | Julia Hagberg | Ryda SK | 25:22 |
|---|---------------|---------|-------|

### **KS 60 5 000 m Heat**

|   |                |                    |       |
|---|----------------|--------------------|-------|
| 1 | Britt Hellmark | 1950 Lidköpings IS | 24:13 |
|---|----------------|--------------------|-------|

### **KS 65 5 000 m Heat**

|   |              |          |       |
|---|--------------|----------|-------|
| 1 | Gun Engström | IF Hagen | 27:17 |
|---|--------------|----------|-------|

### **F 15 2 000 m Heat**

|   |                |                                |        |
|---|----------------|--------------------------------|--------|
| 1 | Maja Nilsson   | Lidköpings IS                  | 7:50,8 |
| 2 | Saga Hjertén   | 2000 Istrum SK Friidrott Skara | 8:12,4 |
| 3 | Linnea Holmvik | Tidaholms SOK SISU             | 8:42,4 |